

Thomas Noble
Attorney/Mediator
Certified Life Coach/Certified Happiness Coach/Author

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Education

1971	B.A., Washington University (St. Louis)
1980	J.D., Southern Methodist University
1989-2023	CFP, College of Financial Planning
1991	Dallas Bar Association Mediation Training
1992	E.T.S.U. - 24 hours training in Family Mediation
1993	Co-Mediation Training (Dallas Bar Assn.)
1994	Advanced Negotiation and Mediation (CDR Associates)
1994-2019	Marriage Dissolution Seminar (State Bar of Texas)
1994-2019	Advanced Family Law (State Bar of Texas)
1994	Advanced Negotiation (State Bar of Texas)
1995	Advanced Family Mediation (DMS)
1996	“Getting to Yes” with Roger Fisher (Harvard U.)

1999 Family Law Mediation (DMS)
Advanced Mediation Training (AAM)

2001 Negotiation Workshop (Southwestern Legal
Foundation)

2005 Advanced Negotiation Skills

2017 Family Violence Dynamics Training (Texas Council
on Family Violence)

2019 Parenting Coordination/Facilitation Training
(Children in the Middle)

2021 Certificates earned:

- Certified Life Coach (IAP)
- Certified Happiness Coach (IAP)
- Positive Psychology: Martin E.P. Seligman's Visionary Science (U of Pennsylvania)
- Positive Psychology: Applications and Interventions (U of Pennsylvania)
- Positive Psychology: Character, Grit, and Research Methods (U of Pennsylvania)
- Positive Psychology: Resilience Skills (U of Pennsylvania)
- Positive Psychology Specialization Project: Design Your Life for Well-being (U of Pennsylvania)
- Positive Psychology Specialization: Foundations of Positive Psychology (U of Pennsylvania)
- Introduction to Self-Determination Theory: An approach to motivation, development, and wellness (U of Rochester)
- Finding Purpose and Meaning in Life: Living for What Matters Most (U of Michigan)
- The Science of Well-Being (Yale)

2022 Certificates earned:

- Know Thyself: The Value and Limits of Self-Knowledge: The

- Examined Life (U of Edinburgh)
- Know Thyself: The Value and Limits of Self-Knowledge: The Unconscious (U of Edinburgh)
- Creating Behavioral Change (Wesleyan U)
- Introduction to Abnormal Psychology (Wesleyan U)
- History of Mental Illness (Wesleyan U)
- Specialization: Abnormal Psychology (Wesleyan U)

Employment

- 1980-87 Shields, Blankenship, & Noble, P.C.
- 1987- Law Offices of Thomas Noble, P.C.
- 2009 Adjunct Professor – SMU (*Ethics and Dispute Resolution*)
- 2012 - Coaching with Wisdom

Memberships and Affiliations

- American Bar Association (prior member)
- Dallas Bar Association
 - ADR Section (Chair, 1999)
- State Bar College (1989 -)
- Association of Attorney Mediators – past member, past Director
 - (Co-Chair, Family Section, 1993, 1995; presented *Family Law Mediation*, 1998, 1999)
- Dallas Family Courts Pilot Project (Chairman of Criteria Team)
- International Board of Certified Financial Planners – past member
- Institute of Certified Financial Planners – past member
- Association of Family Mediators (President, 1995, 1996) – past member
- Dallas OK Commission (Treasurer, 1998-1999) – past member
- International Organization of Professional Life Coaches

Publications and Presentations

- ❑ *Anticipating Divorce* (1990, 2016; available on Amazon)
- ❑ *How to Resolve Any Family Law Dispute* (Dallas Bar Assn., 1993)
- ❑ *Preparing for Mediation*. Dallas Bar Assn. (Dallas Bar Assn., 1993)
- ❑ *Do's and Don'ts of Marketing Family Law Mediation* (Dallas Bar Assn., 1994)
- ❑ *How to Select a Mediator* ("The Advocate," 1994)
- ❑ *The Role of the Advocate in Family Law Mediation* (1994)
- ❑ *Optimizing Wealth* (1995)
- ❑ *The UPL Issue* (Texas Association of Mediators, 1995)
- ❑ *Advanced Family Mediation Training* (DMS, 1995)
- ❑ *Negotiating Divorce* (1996)
- ❑ *Efficient Resolution of Family Law Disputes* (Dallas Bar Assn., 1996)
- ❑ *Objections to Mediation* (1996)
- ❑ *Optimizing Wealth: Financial Planning for Lawyers* (State Bar of Texas, 1996-97)
- ❑ *A Ten-Minute Tour Through the Texas Disciplinary Rules of Professional Conduct* (Dallas Bar Assn., 1997)
- ❑ *Interspousal Torts: Unique Problems for the Mediator?* (Texas Association of Mediators, 1997)
- ❑ *Basic Financial Planning as Part of Your Professional Responsibility* (State Bar of Texas, 1997)
- ❑ *Marriage, Kids, and Money: Evaluating Your Family Law Case for Mediation* (Dallas Bar Assn., 1999; Texas Association of Mediators, 2001).
- ❑ *Characteristics of the Master Negotiator* (Dallas Bar Assn, 2000; 2001, 2012).
- ❑ *Negotiating Wise Agreements?* (Association of Attorney Mediators, 2012).
- ❑ *Binding Decision Provisions in Mediated Settlement Agreements* (Dallas Bar Association, 2012).
- ❑ *Improving Mediation* (Dallas Bar Association, 2013).
- ❑ *The Mediator as Negotiation Coach* (Dallas Bar Association,

- 2014).
- ❑ *Mastering Negotiation* (Dallas Bar Association, 2015; available on Amazon).
 - ❑ *Advanced Negotiation Workshop* (Dallas Bar Association, 2018; available on YouTube).
 - ❑ *Tips for Mediators* (Dallas Bar Association, 2018).
 - ❑ *Why a Trust is a Must for Middle Class Couples* (Blog, 2018)
 - ❑ *Marriage Rules* (Blog, posted 2020)
 - ❑ *9 Rules for Conversational Civility* (Blog, 2021)
 - ❑ *Wise Decision Making – Part One* (Blog, 2021)
 - ❑ *What is Coaching?* (Blog, 2021)
 - ❑ *Wisdom Coaches and the Problem of the Niche* (Blog, 2021)
 - ❑ *The Ackerman Model of Negotiation* (Blog, 2021)
 - ❑ *Coaching for Lawyers* (Blog, 2021)
 - ❑ *Litigation Coaching in Family Law Cases* (Blog, 2021)
 - ❑ *Trusts: Game Changer* (Blog, 2021)
 - ❑ *Active Constructive Responding Coaching for Lawyers* (Blog, 2021)
 - ❑ *Why Define Wisdom?* (Blog, 2021)
 - ❑ *Defining Wisdom: The Most Recent Attempt* (Blog, 2021)
 - ❑ *Challenges to Defining Wisdom* (Blog, 2021)
 - ❑ *The Wisdom of Stephen S. Hall* (Blog, 2021)
 - ❑ *Positive Psychology Is Not Positive Thinking* (Blog, 2021)
 - ❑ *What's Positive About Positive Psychology: Background, Gratitude, and Hedonic Adaptation* (Blog, 2022)
 - ❑ *The Set Point Theory of Happiness* (Blog, 2022)
 - ❑ *Sources of the Meaning of Life* (Blog, 2022)
 - ❑ *50 Aphorisms* (Blog, 2022)
 - ❑ *An Introduction to Stoicism* (Blog, 2022)
 - ❑ *Stoicism Part Two: Techniques* (Blog, 2022)
 - ❑ *Stoicism Part Three: Sources* (Blog, 2022)
 - ❑ *Uncertainty – Part Two* (Blog, 2022)
 - ❑ *Preparing for Positive Holidays* (Blog, 2022)
 - ❑ *2022 – Year in Review* (Blog, 2022)
 - ❑ *Spartan Wisdom* (Blog, 2023)

- *Among Us a Sage – Ryan Holiday* (Blog, 2023)
- *There’s a Bathroom on the Right* (Blog, 2023)
- *The Simplicity of Toltec Wisdom* (Blog, 2023)
- *Gatsby – Part One* (Blog, 2023)
- *Is Happiness Sustainable?* (Blog, 2023)
- *The Wisdom of Daniel Kahneman* (Blog, 2023)
- *Using AI to Develop Your Mission Statement* (Blog, 2023)
- *Eulogy for Bill Richardson* (Blog, 2023)
- *Icarus Debunked* (Blog, 2023)

All blogs are posted at:

<https://www.coachingwithwisdom.com/>

or

<https://www.tnoblelaw.com/>